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SEE WHAT'S NEW... CHECK OUT OUR LATEST OFFER ON PAGE 12

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Criminal charges loom for Duffy
RCMP is expected to announce expense claims charges against suspended senator today PAGE 5

Wildfires rage near small B.C. town
Hudson's Hope's 1,150 residents ordered to evacuate homes after lightning strike sparks blaze PAGE 3

Court sees suspect in triple murder
54-year-old Douglas Garland makes first appearance on charges of killing kid, grandparents PAGE 5

THANKS FOR THE DOUGH, NOW TO MY MOVIE PLEASE GO
ZACH BRAFF DESCRIBES HOW CROWDFUNDING ALLOWED HIM TO MAKE HIS FILM, WISH I WAS HERE, THE WAY HE WANTED PAGE 11

Fourth rescue cache theft 'senseless'

$30K in gear stolen.
Police and rescue team angered, confused by equipment robbery

THANDI FLETCHER
thandi.fletcher@metronews.ca

For North Shore Rescue team leader Mike Danks, the latest looting of another backcountry cache containing thousands of dollars worth of life-saving safety equipment feels vindictive.

"It's very frustrating and to be honest, it really pisses me off," Danks told Metro. "They broke into a cache that they had already broken into once and they took the remainder of the contents. It's just completely senseless."

On Tuesday, the volunteer-run rescue group was alerted to yet another theft from their Norvan Falls cache, believed to have happened sometime between July 12 and July 15.

It's the second theft from that cache, and the fourth incident in two months that has seen more than $30,000 worth of safety gear stolen.

The caches, which contain emergency safety gear like rope, camping stoves, winter survival gear, sleeping bags and first aid supplies, are strategically placed in the backcountry for use by hikers in distress as well as search and rescue volunteers.

North Shore Rescue's Hanes Valley cache, about a three to four-hour hike from Lynn Headwaters, was looted and vandalized in June.
CONTRIBUTED

Danks said he has a tough time understanding why anyone would steal from emergency kits put together entirely by volunteers using public donations.

"I don't know if it's someone who had a negative experience with the team, or if it's just someone who is concerned with us having caches in the backcountry," he said. "But for the general public, the caches are there for their safety."

While the financial cost of replacing the equipment is steep, Dank said the thefts are especially hard on the team as the caches are the legacy of late team leader Tim Jones, who died suddenly of a heart attack in January.

Cpl. Richard De Jong, spokesman for North Vancouver RCMP, said police are actively investigating all four thefts but still have little indication of who is behind the crimes. De Jong said a forensic investigator collected evidence from the scene of the latest incident, which he hopes will help generate new leads.

"We are still open to whether this is the work of one person or several, or whether it's a vendetta or whether it's crime of opportunity," said De Jong.

Anyone with information about the thefts is asked to contact police at 604-985-1311 or Crime Stoppers, if they wish to remain anonymous, at 1-800-222-8477. For more information on how to make a donation to North Shore Rescue, visit their website at www.northshorerescue.com.

Hindering rescues

"It's very frustrating and to be honest, it really pisses me off."
North Shore Rescue team leader Mike Danks

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‘Extreme’ wildfire forces Hudson’s Hope evacuation

Dry conditions. The blaze is too dangerous to fight directly, meaning there are no firefighters on the ground

Sirens sounded in the northeastern British Columbia town of Hudson’s Hope as its 1,150 residents were ordered to flee from what officials called a blaze too extreme for firefighters to battle on the ground.

The Mount McAllister wildfire was caused by a lightning strike on Sunday, has mushroomed to 20,000 hectares, or 200 square kilometres, and continues to grow. Citing a need to “ensure the protection of human life,” the District of Hudson’s Hope issued an evacuation order Wednesday, telling residents to leave the area immediately and go to an emergency centre in Fort St. John, about 90 kilometres away.

Local resident Scott Linley, the co-owner of Legacy Village Market, said the smell of smoke and quarter-inch chunks of ash have filled the sky for the past two days, and early Wednesday afternoon firefighters told him to close down the store and leave town.

“Right now everything’s an amber colour because of the haze in the air,” he said.

Linley said he heard the sound of sirens in the town, but he won’t leave until he has no other choice.

“I’m reluctant to leave the store for obvious reasons, and so I’m going to be sticking around until I have to go. I appreciate there’s an evacuation order but I’ve got to look after my property.”

Jillian Kelsh of the Wildfire Management Branch said an incident management team, which is a group of specialized personnel who help co-ordinate the battle, is setting up in the nearby community of Chetwynd.

The Mount McAllister wildfire near Hudson’s Hope in Northeastern B.C. on Monday. COURTESY B.C. WILDFIRE BRANCH

“The fire behaviour is actually too extreme to safely put firefighters on the ground and do any sort of direct suppression at this time.”

Kelsh said when fires become too dangerous to fight directly, personnel battle the flames indirectly. She said firefighters move ahead of the flames and burn off trees, debris and other foliage to create fuel-free areas. When the advancing fire hits those areas, it loses its momentum, she said.

Premier Christy Clark tweeted Wednesday that B.C. has had the driest conditions since 1958. THE CANADIAN PRESS

Mayor mulls city control over Granville Island

Granville Island.
JENNIFER GAUTHIER/FOR METRO

If Vancouver’s mayor gets his way, Granville Island’s owner will be as local as the food and crafts sold there.

Mayor Gregor Robertson will put forward a motion next week asking the city to look into options to buy or lease Granville Island from the federal government.

It’s an attempt to keep the popular tourist destination out of the hands of Port Metro Vancouver, which might get the land in a transfer from the Canada Mortgage and Housing Corporation (CMHC). Both are federal agencies. Neither has confirmed the deal, but CMHC is looking for a new manager for the island.

“Granville Island as a subsidiary of the port is not a good fit,” Vision Vancouver’s Geoff Meggs said Wednesday.

The port runs Canada Place, which hosted a Canada Day celebration attended by an estimated 300,000 people, but Meggs said arts and culture simply isn’t the port’s forte.

Yet it’s not really CMHC’s core business either, and that particular federal agency has successfully run the bustling island since 1973.

Meggs credits the local board with an “enormous amount of autonomy” for the success.

It would be “very do-able” for the city to take control of the island, he added. It’s not clear how much that would cost, but Meggs noted the property isn’t slated for re-development and that would factor into the price.

Regardless of who ultimately gets control, the city has a direct interest in the island and wants to be more involved in discussions, Meggs said.

“It’s alarming that such an important part of the city is having its fate decided somewhere back east,” he said.

EMILY JACKSON/METRO

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A woman walks past the SkyTrain in Vancouver. JENNIFER GAUTHIER/METRO FILE

Surrey hopefuls support light rail

Transit. High-profile mayoral candidates consider $7.5B plan 'the best option'

MATT KIELTYKA
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The frontrunners for the mayorship in Surrey all support light rail transit in the city.

The current $7.5-billion, 10-year proposal drafted by the region's mayors includes two light rail transit lines for a city widely believed to be underserved by public transit.

Two high-profile mayoral candidates — Surrey First Coun. Linda Hepner and former mayor Doug McCallum — both support the plan, as does independent councillor Barinder Rasode, who's touted as a potential candidate in media reports but has not yet declared a run.

"It's the best option. We have had years and years of research done on this by our engineering staff," said Hepner, who hopes to succeed Surrey First Mayor Dianne Watts in November. "What appeals to me more than getting people from Point A to B as fast as possible is the aspect of community-building."

McCallum echoed those sentiments, insisting the emergence of new communities within Surrey are better served by at-grade light rail with more frequent stops than a more-expensive SkyTrain would be able to provide.

He'd like to see the city lobby harder for federal funding and a new fleet of community buses to complement LRT.

Rasode sided with the two official mayoral candidates on the transit issue.

"It has the opportunity to create a lot of economic development along the LRT line," she said. "LRT is the preferred model."

Rasode says transit is the second-biggest issue to Surrey residents, behind crime and safety.

All candidates hope it'll become a reality soon.

However, Minister of Transportation Todd Stone has questioned the mayors' regional plan, saying it "doesn't add up."

Any new funding to finance the plan is subject to a referendum.

In area near Hope

Man killed trying to run across Trans-Canada

A 20-year-old man was killed when he tried to run across the Trans-Canada Highway, near Hope, on Tuesday night.

The young man was walking along the highway with three teens when he tried to run across the westbound lane around 11:30 p.m., according to RCMP.

The driver of a pickup swerved to miss the teens on the side of the road, but struck the young man in the fast lane. The man was pronounced dead at the scene. EMILY JACKSON/METRO

North Vancouver. Senior suffers broken arm, wrist in skateboarder collision

An elderly North Vancouver man is recovering from a broken arm after an out-of-control male skateboarder collided with him Monday evening.

North Vancouver RCMP said the 70-year-old's wrist and forearm was broken in four places after the skateboarder struck him around 9 p.m. near the 100 block of 15th Street.

Witnesses told police the elderly man had just safely crossed the alleyway when the skateboarder, coming out of the alley, lost control on the speed bumps and collided with him.

Cpl. Richard De Jong, spokesman for North Vancouver RCMP, said the victim is in a considerable amount of pain and faces a lengthy recovery, but De Jong's main concern was that the skateboarder didn't stay and help him.

"The ambulance got there, but after a trite apology, the skateboarder ran off," he said.

Police are looking to speak with the skateboarder. Anyone who may have witnessed the collision is asked to call police at 604-985-1311 and quote file number 2014-18328.

THANDI FLETCHER/METRO

RCMP to announce charges for suspended senator Duffy

Suspended senator Mike Duffy
THE CANADIAN PRESS FILE

The RCMP is expected to announce criminal charges against suspended senator Mike Duffy at a news conference Thursday morning.

Torstar News Service has learned the Mounties are expected to charge Duffy in relation to inappropriately claimed living and travel expenses for which the senator for Prince Edward Island was reimbursed out of public funds.

Duffy is also expected to face charges in connection with a separate alleged misuse of public funds. An RCMP investigator outlined suspicions in October that Duffy made about $65,000 in payments to a former CTV pal under a contract the man said he did "little or no work" for.

In this latest turn in the Senate spending scandal, the biggest political question facing the Conservative government may also be answered at the news conference: Will Duffy face criminal charges in connection with demanding and accepting a $90,000 payment from Nigel Wright, the former chief of staff to Prime Minister Stephen Harper, in order to repay the money which an embarrassed government felt he owed the Senate?

The answer to that is crucial for the Harper government. If charges are laid, Duffy — who claims he is innocent and was forced by the PMO to admit to "mistakes" in his expense claims — has reportedly suggested that his lawyers would call the prime minister to be a witness at any criminal trial.

Duffy, who lives in Ottawa, was named to the Senate by Harper in 2008. The prime minister insisted last year he considered the P.E.I.-born Duffy eligible to hold the Maritimes seat, but he was embarrassed when news broke that Duffy had declared his "secondary" residence was in Ottawa so as to claim money to cover his housing expenses. TORSTAR NEWS SERVICE

Liknes family thanks Calgary for 'strength'

'Incredibly sad.'
Douglas Garland, accused of triple murder, makes brief first court appearance

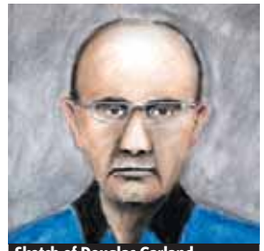
BRYAN WEISMILLER
Metro in Calgary

Allen Liknes thanked Calgarians Wednesday for their outpouring of support, as the man accused of three murders in the slaying of five-year-old Nathan O'Brien and his grandparents made his first court appearance.

Liknes, son of businessman Alvin Liknes, said the tributes and search efforts have helped his relatives get through what's been an "incredibly sad" affair.

"The family has taken a lot of strength from it," Liknes told a throng of media gathered outside the downtown courthouse.

Douglas Garland, 54, faces two first-degree murder charges and one second-degree charge in connection to the alleged abduction case that's gripped Calgarians since the disappearances were made public.


Sketch of Douglas Garland.
JANICE FLETCHER/THE CANADIAN PRESS

The case was adjourned until mid-August, with the defence counsel asking for more time to get disclosure of the police investigation.

Garland's lawyer, Kim Ross, told reporters he'd wait to review those files thoroughly, before deciding "whether or not we'll seek any kind of release."

Lead Crown prosecutor Shane Parker said outside court he would be opposing bail for Garland as the case moves forward. Police have alleged a "violent crime" occurred inside the home and told reporters they found forensic evidence that suggests the three didn't leave of their own volition.

Garland was arrested near his parents' acreage in Airdrie earlier this week, which has been the ongoing site of a massive search.

The bodies of the Liknes couple and Nathan have not been recovered, according to investigators, although the alert ended with Garland's arrest. While police have maintained they've garnered enough evidence to lay the charges, family have held out hope the youngster will come home.

Asked whether it would be challenging to get a conviction without the bodies, Parker noted there are precedents.

"We've done it before and we'll do it again," he said.

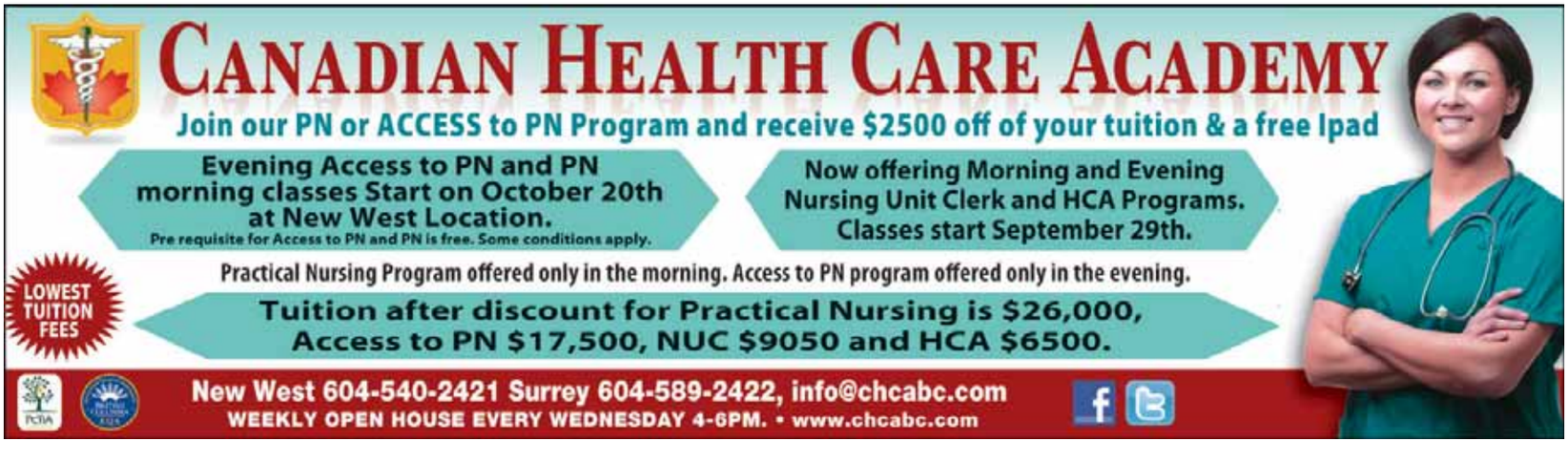
Presumed dead

Alvin Liknes, wife Kathryn and grandson Nathan O'Brien were last seen at the couple's Parkhill-area home on June 29.

- The court proceedings come the day after Calgarians released green balloons as a symbol of hope, and others have formed search parties to continue looking for the trio.

Typhoon kills at least seven in Philippines

A Filipino boy tries to sweep out floating debris from his flooded home on Wednesday, as Typhoon Rammasun battered suburban Quezon City, north of Manila, Philippines. The typhoon knocked out power in many areas and left at least seven people dead, but it spared the Philippines capital, Manila, and densely-populated northern provinces from devastation when its fierce wind shifted slightly away, officials said.
AARON FAVILA/THE ASSOCIATED PRESS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What of the online legacies of the dead?

Digital afterlife. Advocates fight to give next-of-kin access to digital accounts of deceased in the U.S.

When you die, should your loved ones have access to your Facebook, Yahoo and other online accounts?

A group of influential lawyers in the U.S. says yes, unless you specify otherwise in a will. The Uniform Law Commission was expected to endorse a plan Wednesday to automatically give loved ones access to — but not control of — all digital accounts, unless otherwise specified.

"This is something most people don't think of until they are faced with it. They have no idea what is about to be lost," said Karen Williams of Beaverton, Ore., who sued Facebook for access to her 22-year-old son Loren's account after he died in a 2005 motorcycle accident.

"Our email accounts are our filing cabinets these days," said Suzanne Brown Walsh, a Cummings & Lockwood attorney who chaired the drafting committee on the bill. But "if you need access to an email account, in most states you wouldn't get it."

Ginger McCall, associate director of the Electronic Privacy Information Center in Washington, said a judge's approval should be needed to protect the privacy of both the owners of accounts and the people who communicate with them. THE ASSOCIATED PRESS

This Feb. 16, 2013, photo shows a printout of the Facebook page for Loren Williams, who died at the age of 22. LAUREN GAMBINO/THE ASSOCIATED PRESS FILE

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Get a warrant. Pair of telecoms no longer giving info to police without one

Two major telecommunications firms — Rogers and Telus — say they will no longer routinely give basic customer information to police and security agencies without first seeing a warrant.

In the case of Rogers Communications Inc., concerns voiced by subscribers played a role in tightening the disclosure policy, the company said Wednesday.

In June, the Supreme Court ruled police need judicial authorization to get personal information about customers from Internet providers.

By the numbers

- **175,000.** The number of requests for customer info Rogers received from government and police agencies last year
- **87,856.** The number of times Rogers shared names and addresses

Police would not need a warrant to get basic subscriber information in life-threatening emergencies. THE CANADIAN PRESS

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†$2,500 cash purchase incentive is available on select other 2014 CR-V models (LX AWD, EX, EX-L and Touring). Honda cash purchase Incentive will be deducted from the negotiated price after taxes and cannot be combined with special lease or finance offers. ‡In order to achieve $0 down payment, dealer will cover the cost of tire/battery tax, air conditioning tax (where applicable), environmental fees and levies on the 2014 CR-V LX, Accord LX, Civic DX and Fit DX only on behalf of the customer. *Limited time weekly lease offer based on a new 2014 Civic DX model FB2E2EEX. #0.99% lease APR on a 60 month term with 260 weekly payments O.A.C. Weekly payment, including freight and PDI, is $38.91 based on applying $1,075.00 lease dollars (which is deducted from the negotiated selling price before taxes). Down payment of $0.00, first weekly payment and $0 security deposit due at lease inception. Total lease obligation is $10,116.60. Taxes, license, insurance and registration are extra. 120,000 kilometre allowance; charge of $0.12/km for excess kilometers. ΩLimited time weekly lease offer based on a new 2014 CR-V LX 2WD model RM3H3EES. ¥1.99% lease APR on a 60 month term with 260 weekly payments O.A.C. Weekly payment, including freight and PDI, is $66.84 based on applying $1,625.00 lease dollars (which is deducted from the negotiated selling price before taxes). Down payment of $0.00, first weekly payment and $0 security deposit due at lease inception. Total lease obligation is $17,378.40. Taxes, license, insurance and registration are extra. 120,000 kilometre allowance; charge of $0.12/km for excess kilometers. £Limited time weekly lease offer based on a new 2014 Accord model CR2E3EE. €1.99% lease APR on a 60 month term with 260 weekly payments O.A.C. Weekly payment, including freight and PDI, is $62.00 based on applying $1,350.00 lease dollars (which is deducted from the negotiated selling price before taxes). Down payment of $0.00, first weekly payment and $0 security deposit due at lease inception. Total lease obligation is $16,120.00 Taxes, license, insurance and registration are extra. 120,000 kilometre allowance; charge of $0.12/km for excess kilometers. **MSRP is $17,185 / $27,685 / $25,685 including freight and PDI of $1,495 / $1,695 / $1,695 based on a new 2014 Civic DX model FB2E2EEX / 2014 CR-V LX 2WD model RM3H3EES / 2014 Accord LX model CR2E3EE. License, insurance, registration and taxes are extra and may be required at the time of purchase. ¥/£/€/Ω/#/* Prices and/or payments shown do not include a PPSA lien registration fee of $30.31 and lien registering agent's fee of $5.25, which are both due at time of delivery and covered by the dealer on behalf of the customer on the 2014 CR-V LX, Accord LX, Civic DX and Fit DX only. ‡/#/*/Ω/€/¥/£/** Offers valid from July 1st through July 31st, 2014 at participating Honda retailers. Dealer may sell/lease for less. Dealer trade may be necessary on certain vehicles. Offers valid only for British Columbia residents at BC Honda Dealers locations. Offers subject to change or cancellation without notice. Terms and conditions apply. Visit www.bchonda.com or see your Honda retailer for full details.

WOMEN SURE ARE ORGANIZED, AMIRITE?

HE SAYS

John Mazerolle
metronews.ca

This week I'm on vacation in New Brunswick (motto: "Ride the downward spiral!"), so I'm mailing it in, literally and figuratively.

What quick-and-easy topic should I touch on? Today's music is the worst? Cat people versus dog people? The federal government sucks (amirite)?

Oh wait, I've got it: women and men are different! I've noticed this a lot recently because I'm dating, and my girlfriend is indeed different than I am. I know criticizing a woman runs me the risk of perpetual online hatred until Twitter becomes obsolete, but I can say only what I see: she's just weird, what with her "planning" and "foresight," never mind her "top sheet" and "air freshener."

And as we prepared for our trip to N.B., she sometimes packed in ways so foreign to me I felt I was dealing with a different species. This is not the typical stereotype of a woman who over-packs because she hopes a provincial park with a name like Moose Mill might have call for high heels. No, this is a woman who packs a week in advance to give her the chance to rethink and adjust the placement of items as the departure date nears.

Yes, her packing has a first freaking draft.

"Devon" (she doesn't want her real name used, so let's keep this between us) packs small. She has one carry-on bag for two weeks of travel. It's not that she's a light packer — when she rattled off all the clothing, toiletries and other bric-a-brac in her bag it reminded me of those old McDonald's ads in which a customer orders the entire menu in 30 seconds.

It's like her bag is a TARDIS, bigger on the inside than is physically possible judging by the outside. She packs so densely that other items in the room are drawn in by the bag's gravitational pull. Meanwhile, I put three days of clothes and a stick of deodorant in my backpack and it looks like I've stuffed in several dozen bricks and a dead informant.

Devon says my packing technique is like a smash-and-grab at a jewellery store. "It's basically turning over a drawer into a garbage bag," she says. I don't think that's entirely fair. For instance, I ask myself important questions like, "I wonder what I forgot this time?" (Answer on this trip: a coat.)

Sure, you could spend literally an hour or more planning like my girlfriend, or you could embrace unpredictably and do it my way:

1) Sweep all the items in your medicine cabinet into your backpack.

2) Stuff in a layer of clothes.

3) Add books, laptops, PlayStations and anything else you need to help you get away from it all.

4) Add another layer of clothes. It's like a packing parfait.

5) Compress.

6) Place a framed photo of your family on top.

NOTE: one cat per bag.

And voila. Packing my faster, simpler way will free up more time for you to think about the differences between men and women. Or about that terrible federal government. They suck, amirite?

HEAVY STUFF

Basque stone lifter Ignacio Perurena holds on to a 250-kg stone during an exhibition in Cambo les Bains, southwestern France, on Tuesday. The Basque rural sports trials have their origins in routine rural tasks.
BOB EDME/THE ASSOCIATED PRESS

No stone left unlifted for Basque strongmen

The Basque people are known for their competitive nature.

Their well-attended rural sports competitions have a variety of games that require an amazing amount of strength and plenty of testosterone.

Wood chopping, lifting hay bales, handling oxen, participating in insane tug-of-wars, running races with 200-pound bags of corn on their backs and more are all part of the Basque rural sports tradition.

However, the best known outside of the region is harrijasotze, or stone lifting. This is a true mighty-man's sport, and only the strongest in the region participate. Competition is fierce, and the best-known champions are looked upon by the locals as heroes, much like popular sporting figures .

The stones used in the lifting competitions are made of granite and usually weigh between 100 and 212 kg, though heavier stones may be used if the lifter wants them and has a proven ability to lift them. Competition stones are cut into squares, spheres, cylinders and rectangles to provide a variety of lifting challenges. CITIESJOURNAL.COM

Bad to the bone

Stone lifting takes its toll on the body. Many professional stone lifters have osteoarthritis by the time they're in their 20s or 30s. Most have retired to become trainers for the next generation by their 40s or 50s.

METRO AUGMENTED REALITY

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metro AR

In this issue, you can find AR enhancements on page 18 in Sports.

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2. Hold your device over any image that has the AR logo near it. Make sure you wait for the green scanning bar to read the image!

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metro AR

MetroTube

Pimp my used-car ad

ANDREW FIFIELD
andrew.fifield@metronews.ca

Craigslist is great. Plenty of no-frills free listings to peruse, excellent deals and amusing Missed Connections. Craigslist is terrible. Ugly, crowded and populated by shady deals and dubious characters.

It's fair to say the seller of this unremarkable hatchback weighed the pros and cons before settling on where to advertise. It's fairer to say his decision was more influenced by his connection to Australian ad agency Chimney Group, which created the slickest campaign for an everyday used car you'll ever see. Dubstep? Check. Smash cuts? Many. Buzzwords? Only the most disruptive. (buymybarina.com/YouTube)

SCREENGRAB

metro

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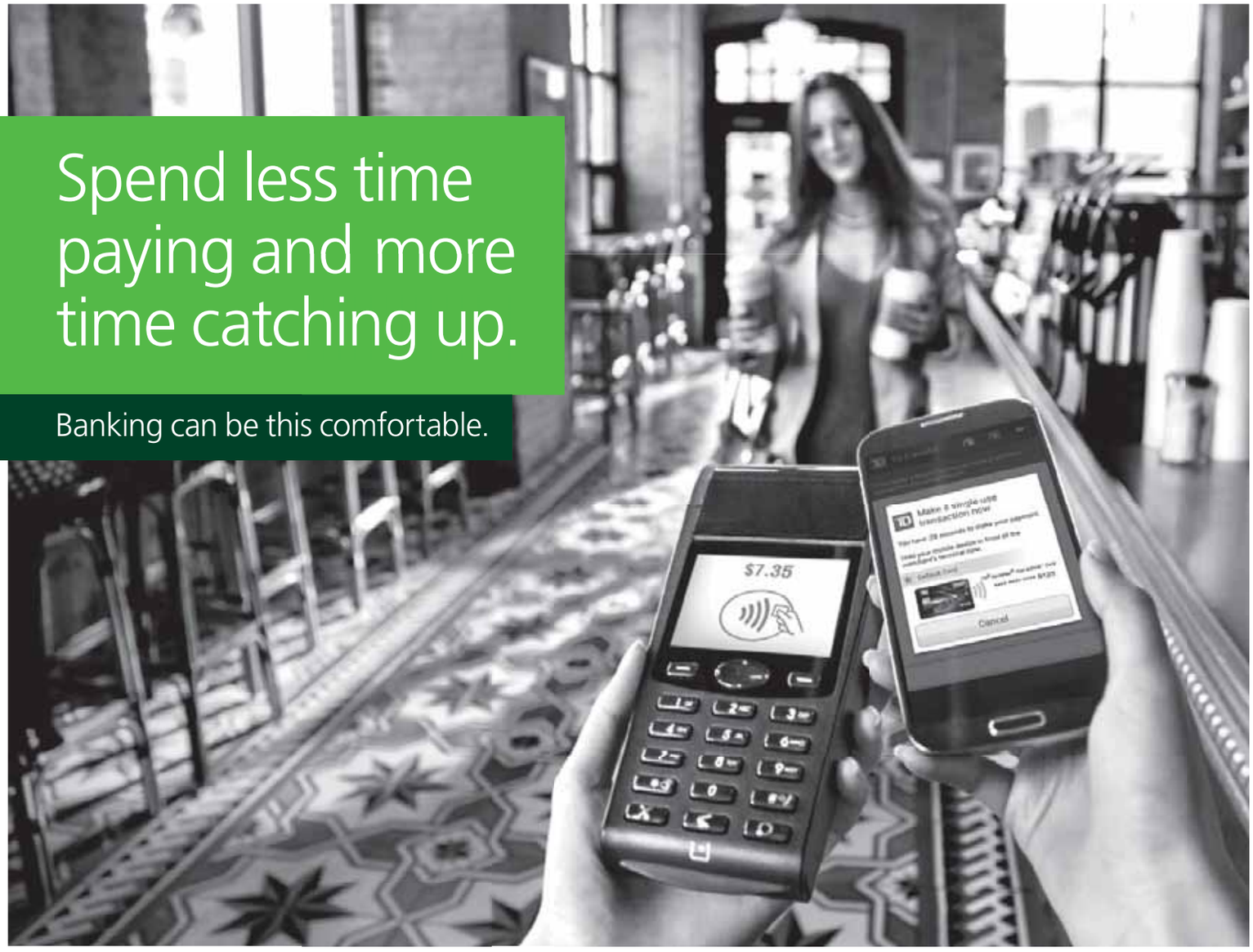

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SCENE 2

The summer is alive with the sweet sounds of music

Festival filled weekend. There's gatherings galore across the city; get out to one of them

BACKSTAGE PASS
Graeme McRanor
vancouver@metronews.ca

So, what are you doing this weekend?

A bunch of people will be heading up to Pemberton for its new-and-improved (hopefully) music festival, which has technically already started but kicks into high gear tomorrow (pembertonmusicfestival.com).

Many logistical questions are sure to be answered. But in the meantime, it's probably a good idea to push back that planned hike of Joffre Lakes until next weekend. Well, unless you're keen to get there via Lillooet.

Want to rock out closer to home? The Vancouver Folk Music Festival starts tomorrow at Jericho Beach Park.

It's got something for everyone. Visit thefestival.bc.ca. for more information.

Keeping on the festival theme, check out the 38th annual Powell Street Festival, which is reportedly the Lower Mainland's longest-running community arts festival. It takes place at Oppenheimer Park (and other venues) Aug. 1-3.

"Violinextremist" Kytami is among the performers at this year's Powell Street Festival in Vancouver. COURTESY CASSIE O'NEIL

This year's fest launches with a Friday night concert at Electric Owl (928 Main St.) featuring a performance by Southern California's GRMLN.

Plenty of other stuff on the agenda, too. On the musical front, there are taiko drumming groups, folk acts (Cosmic Wink), jazz singer Carol Oya, choral group Sakura Singers, "violinextremist" Kytami and many more.

Dance acts include Nishikawa ryu-Satsuki kai, Otowa Ryu Japanese Dance Group, the multi-award-winning double-dutch team Double Ropes Caravan, Erika Mitsuhashi and more.

Martial arts, walking tours and plenty of food, too. More information at powellstreetfestival.com.

Video games

If you're a fan of Pong — and let's be honest, who isn't? — and other classic video games, you might want to head down to the Vancity Theatre this weekend to see Video Games: The Movie. It's a short history of the rather addictive pastime, from the aforementioned Pong and Space Invaders through Super Mario Bros. and Zelda, to Call of Duty, Halo and GTA. It promises to slay a few lazy stereotypes about games and gamers along the way. Screens July 18, 19, 22 and 24. Insert coins at viff.org.

TODAY'S HOROSCOPE:
Neptune is suggesting that now may be the perfect time to get the Metro News App

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Download the Metro News App today at metronews.ca/mobile

Braff took your money and made a movie

Wish I Was Here.
After taking a lot of flack for crowdfunding his indie film, Zach Braff is ready to debut it to the world

STEVE GOW
scene@metronews.ca

Wish I Was Here opens on Friday. CONTRIBUTED

AUGMENTED REALITY

→ Want to see the trailer for Wish I Was Here? Scan this photo with your Metro News app and go right ahead.

metro AR → See the full instructions on Metro's Voices page.

Tugging at heartstrings

- **Braff on the emotional punch of the film.** "I'm not saying my goal is to try to make people cry, but I want them to feel emotion, I want their heart to hurt," said Braff. "Otherwise I feel like I failed."

You wouldn't expect it would've been difficult for the guy who made Garden State to follow up his acclaimed hit comedy, but for actor-director Zach Braff, it's been a grind just to get a movie deal.

"There weren't a plethora of deals," admitted Braff recently while discussing his upcoming sophomore feature, Wish I Was Here.

"The only one on the table was to make it for what was essentially half of what I budgeted, make it in Vancouver from a menu of actors I didn't feel were right and not have final cut. I thought I'd rather not make the movie than do that."

Instead, Braff took his dramedy about a struggling Hollywood actor who finds himself at a crossroads after his father develops a terminal illness to website Kickstarter and raised the financing in under two days through crowdfunding.

"Before I had crowdfunding, I had to deal with the inane conversations of casting and a financier is always going to say 'Mandy Patinkin can be on the list but what if it was Robert DeNiro?'" said Braff.

"Once all that nonsense was gone and I was the CEO of this corporation making this movie, I was picking Mandy Patinkin, Josh Gad, Kate Hudson, I was firing off all shots."

The triumph of crowdfunding not only gave Braff full creative control but the experiment also catapulted the Scrubs star into controversy after critics called out the ethics of a wealthy celebrity turning to the public to expense his project.

"There's so much misinformation about this, I had to wage so many debates and really explain film financing to Earth," said Braff.

"One question that does need to be debated is where this money is going to come from for personal indie projects because it's certainly dried up.

"Studios don't make these movies; they buy them at festivals if they like them. I think that's the bigger question."

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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Taylor Swift. ALL PHOTOS GETTY IMAGES

Taylor Swift suffers revenge of the nerds

Thanks to court documents, we can finally put some names and faces to the three Connecticut residents charged with vandalizing Taylor Swift's Rhode Island vacation home, and the results are … kind of brainy.

Michael Horrigan, 29, Tristan Kading, 28, and Emily Kading, 26, pleaded not guilty to charges they hurled beer bottles and shouted expletives at security guards monitoring Swift's property last month, according to TMZ. So what do they do when they're not drunkenly defacing property?

Tristan Kading, for one, studied chemical oceanography at MIT and received the Richard Montgomery Award for Achievement in Mathematics. Younger sister Emily is studying to be a nuclear physicist, and both Kading and Horrigan were given citations for heroism last year after rescuing a 12-year-old girl from a cap-sized canoe.

Leave it to Swift to attract the nicest, smartest delinquents you could hope for. The defendants, by the way, say they "harboured no ill will toward Swift," who wasn't home at the time.

Jeff Goldblum makes girlfriend cry ...tears of joy

Jeff Goldblum is looking to settle down, having popped the question to his girlfriend of two years, 31-year-old gymnast Emilie Livingston, while on vacation in Hawaii.

Livingston took to her Twitter account to gush about making it official with the 61-year-old Jurassic Park star. "I was taken over by tears of joy n ecstasy! We picked the ring 2gether #inlove," she wrote. She later posted a photo of the ring itself.

Jeff Goldblum

Goldblum was previously married to Patricia Gaul from 1980 to 1986 and Geena Davis from 1987 to 1990.

The Word

Even on vacation, SJP and Matthew Broderick find trouble in paradise

NED EHRBAR
Metro in Hollywood

You know what everyone loves on a vacation? "Intense discussions." They're the best! And apparently that's what Matthew Broderick and Sarah Jessica Parker have been having while visiting Ireland.

According to the National Enquirer, Broderick and Parker headed to their usual holiday spot on the Emerald Isle specifically to address their marriage woes and his wandering eye. "They normally venture all around Donegal, but this time they spent the majority of their time locked away in their remote home out in the countryside," a source says. "One evening they went into Nancy's, a seafood restaurant, and hardly said a word to each other."

That sounds so much like the opposite of fun. But hey, at least they're not stewing silently over dinner at home!

Britney Spears

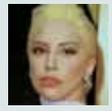
Britney and boyfriend want a family of their own

Those Britney Spears break-up rumours were apparently premature, as the singer and boyfriend David Lucado are reportedly already thinking about expanding her family once she's done with her current Las Vegas residency, according to Radar Online.

"Britney cannot wait until the Vegas show is done because she wants to start a family with David. She says she will get pregnant as soon as the show is finished," a source says. "David is always with her in Vegas and they act like an old married couple together. He is really good with her kids and has taken to the father role pretty easily."

Twitter

@SethMacFarlane
Sorry I haven't tweeted in awhile-- Been immersed in pre-production for Ted 2! I think you're gonna like it.



@ladygaga
I resent that I have to be getting married to wear Bridal, I mean what if I just love wearing white lace and pearls without it being creepy.

@MarkDuplass
Honk if you're feeling slightly overwhelmed about how often you've been feeling slightly overwhelmed these days.

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SHOPPERS DRUG MART

Celebrate summer in the city

From fireworks to parades, and festivals to markets, there are plenty of events to keep you busy and entertained in and around Vancouver this summer.

THE HONDA CELEBRATION OF LIGHT
This year's competitors — the U.S., France and Japan — will light up the Vancouver skyline for three spectacular nights at English Bay.
WHEN: July 26, 30 and Aug. 2. Shows start at 10 p.m.
WHERE: English Bay
HOW MUCH: Free

VANCOUVER PRIDE PARADE
Celebration of Vancouver's LGBTQ community, and one heck of a party. Everyone is welcome.
WHEN: Aug. 3, noon to 3 p.m.
WHERE: Parade begins at Robson and Thurlow and winds around downtown Vancouver.
HOW MUCH: Free

The Powell Street Festival celebrates all things Japanese Aug. 1-3. ADAM PW SMITH PHOTOGRAPHY

FOOD CART FEST
Sample Vancouver's burgeoning food truck culture with cheap, fresh, diverse dishes.
WHEN: Every Sunday this summer, noon to 5 p.m.
WHERE: 215 West 1st Ave., between the Cambie Street Bridge and Olympic Village
HOW MUCH: Free

POWELL STREET FESTIVAL
Celebrate all things Japanese at this festival.
WHEN: Aug. 1-3, all day
WHERE: Oppenheimer Park at Cordova and Dunlevy streets
HOW MUCH: Free

THE PACIFIC NATIONAL EXHIBITION (PNE)
Pig races, the Kidz Discovery Farm, a Game of Thrones exhibition, concerts and performances, rides and food make the PNE a full-day experience.

Visit the Richmond Night Market weekends until Sept. 13. CONTRIBUTED

WHEN: Aug. 16 to Sept. 1, 11 a.m. until late
WHERE: 2901 East Hastings St.
HOW MUCH: $13 to $39.75, various admission deals

RICHMOND NIGHT MARKET
This market is a feast for the senses. Row upon row of vendors offer a huge selection of wares, foods and entertainment.
WHEN: Every Friday, Saturday, Sunday and holidays until Sept. 13, 7 p.m. until late.
WHERE: 8351 River Rd., Richmond
HOW MUCH: $2.25 general admission. Free for seniors and kids 10 and younger

– Stephanie Orford

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LIFE 3

PLUS HOMES

What tricks have you got up that sleeveless summer shirt?

Secrets in the sun.
Testy temps no longer have to wreak havoc on your beauty regime with these pointers

RACHEL VIGODA
Metro World News

Light and bright

"Leave that damn highlighter alone! Wear the least amount of makeup possible and focus on your natural glow."
B Wilson
Makeup artist

We spoke with makeup artist B Wilson of Just B Beautiful for insider tips on how to stay looking bright and fresh despite the heat. Wilson and her "glam squad" offer on-location hair and makeup services in New York, New Jersey and Philadelphia.

Here are the tricks — and the products — she swears by.

Don't cake it on

"Leave that damn highlighter alone!" Wilson says. "When you sweat, your pores are open, so if you have makeup on your skin the makeup is going right into your pores and clogging them up. Wear the least amount of makeup possible and focus on your natural glow." If you're not brave enough to go totally bare, try a dab of tinted moisturizer and then contour with a light bronzer like Soleil Tan de Chanel. Absolutely refuse to give up foundation? Wilson recommends Urban Decay's Naked Skin, which is "super light, but gives surprisingly full coverage."

Get a (sunless) tan — no matter what your skin colour is

Use a sunless tanner on your legs, whether you're "the palest of pale to the darkest of dark," says Wilson: "I'm African American, and I still get a spray tan on my legs." The trick is a very light touch; you're going for a subtle glow just a shade or two darker than your natural color to create a smooth, even, firm look. Wilson goes to The Bronzed Bee in Philadelphia for a customized airbrush spray tan. For a cheaper DIY option, she likes Airbrush Legs by Sally Hansen or Jergens Natural Glow.

Wouldn't it be nice to let the natural you out into the world? ISTOCK

Make an easy at-home cellulite eraser

Mask cellulite with this simple recipe:

- Instant coffee (caffeinated)
- Almond oil or vitamin E oil
- Brown sugar

Combine the ingredients, gently scrub in the shower, rinse off, and then admire your firm-looking thighs and butt. The smoothing effects will last for hours, Wilson says. Store any extra mixture in a mason jar for up to five days.

Expert tip: Do not use regular ground (not-instant) coffee, unless there's a sexy plumber you want to invite over — it will clog the drain.

B's bonus tip

Banish excess shine

- This isn't for everyday, but if you're prepping for a special occasion, "wash, moisturize — and then prime with Milk of Magnesia," Wilson says. "It acts as a barrier for the excessive sebum that builds up, and keeps your face smooth and matte the entire day." Just dab it on with a cotton ball and then cover the chalkiness with a light tinted moisturizer or powder.

Canadian street style

Spotted in Toronto

Name: Monica

Age: 26

Occupation: Fashion Designer

What she's wearing:
Vintage black shoes, Lord & Taylor skirt, Big Buddha purse and Aldo sunglasses.

Her inspiration:
"I'm inspired by the modern, independent woman. I like edgy fashion and really enjoy the style and trends found in Italian Vogue."

THE KIT IS A MULTI-PLATFORM BEAUTY AND FASHION BRAND WHICH INCLUDES AN INTERACTIVE MAGAZINE AND DYNAMIC APP, A WEBSITE, KIT CHAT – AN E-NEWSLETTER PROGRAM – AND A WEEKLY NEWSPAPER SECTION, TOO!

Showing side-boob will definitely turn heads, but in a good way or a bad way? Go online to Trends Report and check out how celebs like Jennifer Lawrence and Kim Kardashian pull off this look and let me know, can showing side-boob ever truly look classy?

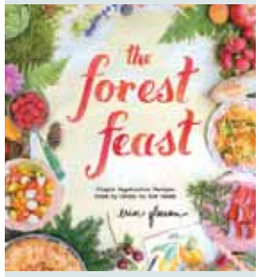
• **Online.** Follow Irene on Twitter at @MetroIreneK or Instagram: kuanirene; metronews.ca/voices/trends-report

Photo via Getty Images

A bit of chew, some crunch and lots of yum

Cookbook of the Week

Forage in the forest for earthy goodness



The inspiration behind The Forest Feast is authenticity at its best. Author Erin Gleeson moved to a cabin in a California forest and learned to rely on nature. It's no wonder that most of the book's 100 vegetarian recipes call for only a few ingredients and require very few steps. Recipes include Carrot and Zucchini Ribbon Pasta, Fried Banana Split and more. METRO

Salad Spotlight.

While Metro's week of lightening your plate ends tomorrow, today enjoy this lentil salad that requires no effort

"I like my salads to be more filling and 'meaty', so I use more chopped vegetables and sometimes even cooked ingredients as well," writes Erin Gleeson in her book The Forest Feast.

"All of (my salads) can be served at room temperature, which means that they are easy to make ahead and keep in the fridge for a weeknight dinner, or a party.

Gleeson also notes, "Canned lentils work great (for this salad), but if you make your own, boil them like pasta on low to avoid them turning to mush. This filling salad is tossed with sun-dried tomatoes, purple cabbage, cherry tomatoes and dried cranberries."

The dressing keeps in the fridge for at least one week. Before using it, bring it to room temperature.

Ingredients

Salad
- 2 cup (400 g) cooked lentils
- 1/2 cup (30 g) sun-dried tomatoes
- 1/2 cup (64 g) dried cranberries
- 1 cup (150 g) halved cherry tomatoes
- 2 cup (140 g) shredded purple cabbage

Lemon-Mustard Vinaigrette
- 3/4 cup (180 ml) olive oil
- 1/4 cup (60 ml) lemon juice
- 2 tbsp Dijon mustard
- 2 tsp maple syrup

1. To be quick, use canned (lentils). If from scratch, follow package instructions.

2. If using dry red lentils, they can get mushy easily, so I cook them on medium-low for 15-20 min. until al dente, then strain like pasta and cool

3. Mix lentils with sun-dried tomatoes, cranberries and halved cherry tomatoes. Spread over shredded cabbage and dress with Lemon-Mustard Vinaigrette.

This recipe serves four to six. ERIN GLEESON

Lemon-Mustard Vinaigrette

1. (Combine all ingredients and) shake it, baby!

RECIPE ADAPTED FROM THE FOREST FEAST BY ERIN GLEESON (STEWART, TABORI & CHANG, 2014)

METRO CUSTOM PUBLISHING

Chilling out on a patio

Watch the world go by at the Lions Pub

Vancouver's patios are some of the best places in the city to chill out this summer.

The patio tradition is alive and well at the Lions Pub, an English-style pub across from Canada Place in Coal Harbour that has a 50-seat patio.

"Life just slows down a little when you're having a drink on a sunny day and watching the world go by," says Doug Whidden, manager of Lions Pub.

The 15-year-old establishment is the only part of Vancouver's private member's Terminal City Club that is open to the public. Quality is a cornerstone of its operations.

The Lions Pub's 27 beer taps offer beer from around the world, from B.C. craft breweries to U.K. standards like London Pride and Innis & Gunn.

Just in time for patio season, the beer has gotten even better.

"We just installed a beer engine and are now pouring real cask conditioned ale every day," Whidden says. "We're one of a small number of pubs in Vancouver that can say that."

Quality also translates to the pub's menu, which features gourmet takes on traditional English favourites, including bangers and mash, Yorkshire pudding and house-made savory pie (recipe changes daily).

"Our patio is the perfect place to get a bite to eat and relax with a fresh, cold beer," Whidden says.

For more information, visit lionspub.ca.

CONTRIBUTED

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There are three levels of trends in home decor: Seasonal trends (like nautical summer decor) that last just months; three-year trends (like brushed nickel plated metal accessories); and 15-year trends such as wood floors or kitchen cabinet finishes. I am happy to announce the next big 15-year trend, but I'm not sure you're going to like it. If you want to invest in your home's decor, simply look back 30 years for the next big thing. Yes, elements of the 1980s are creeping back into our lives. Here's a quick compilation of coming decor trends

DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Turn back time for decor trends in your future

Piping dreams

Look for less nail-head trims, button tufting and exposed furniture legs. The upcoming trends include skirted sofas, very low profile legs, piping trims and leather details. Contrast piping shows off shapely lines. Groove Chair Custom, $1,300, urbanbarn.com

Hand-forged metallics

Goodbye to nickel and brass and hello hand-forged steel, raw bronze and hammered zinc for a hand-made look to modern home accessories. Hess Side Chair, $229, crateandbarrel.com

Concrete ideas

Travertine stone from the 1980s is gone, but modern interiors will have concrete finishes and stone looks for a touch of nature inside the home. Malay Cast Concrete Coffee Table, $800, restorationhardware.com

Sofas go deep

Be gone, you skinny-armed sofa. Wide, square arms, deep seating and slipcovers make their return. McGill deep-seat sofa, $4,200, montauksofa.com

Tone-on-tone carpets

Lately, rugs have been treated as art for the floors, with bright colours and shocking patterns. Look for tone-on-tone carpets made with luxurious materials like virgin wool, silk and mohair. Vintage Grey VCO9, $13,500, elte.com

Symmetry meets its match

People have been trying for years to conquer the eclectic look with end tables and small furnishings. The next wave of decorators will keep it simple and create symmetry. Dark Zinc Open Nightstand, $555, restoration-hardware.com

And the walls came down

Unblock sight lines

Open-concept designs reflect modern lifestyle

The way many families now want to live in their houses has redefined how interior designers and architects create space, with open-concept designs becoming popular.

Instead of having sight lines blocked between the living spaces of a home, such as the kitchen, living room and dining room, designer Kyla Bidgood says homeowners prefer to have their spaces reflect their lifestyle. THE CANADIAN PRESS

Entertaining thought

"The way we socialize has dictated open-concept spaces work best."

Designer Kyla Bidgood who notes, for entertaining, open concept means the host can be involved in the event while still preparing food and drinks.

Cut a wide swath

Conjure up roominess

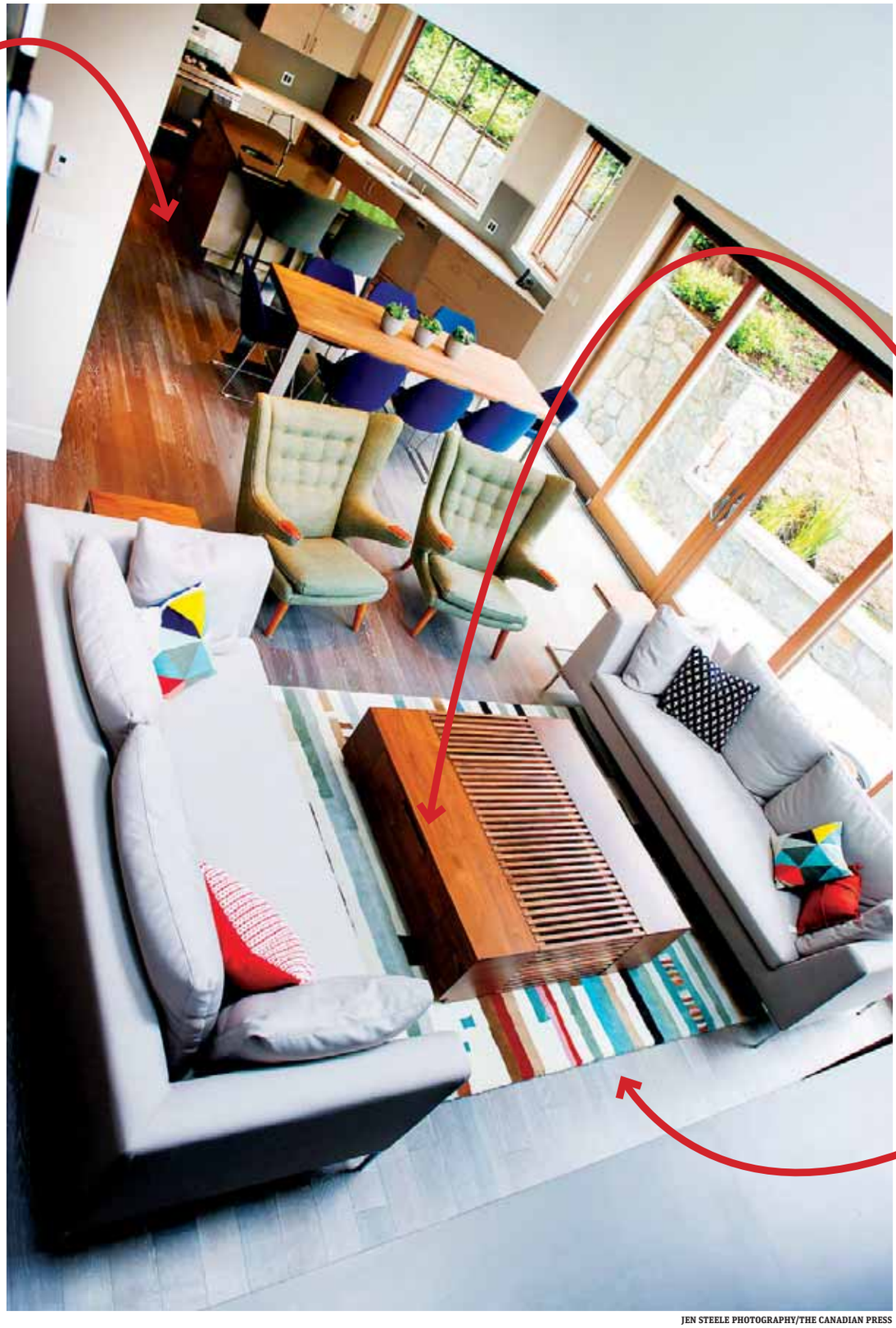
For people with smaller square footages, open-concept spaces can help create the illusion of more space.

"For a lot of condominiums and town homes the square footage seems to be shrinking with newer builds," says Bidgood. "By keeping the space open, even though you have less square footage it is still the illusion of a bigger space, whereas if you compartmentalize it the space would feel much smaller." THE CANADIAN PRESS

Kids and caboodle

"Family structures are more dynamic ... The space needs to be more open so they can watch their children and be more engaged."

Amanda Hamilton of Amanda Hamilton Interior Design



JEN STEELE PHOTOGRAPHY/THE CANADIAN PRESS

Hide it away

"The number one thing that can terrify people about open-concept spaces is storage. You have to come up with clever ways to provide storage and hide things."

Designer Amanda Hamilton

Cupboard love

Keep the place tidy with hidden storage space

A homeowner who is blending a bedroom and closet area with the living space should be aware of how to hide the day-to-day mess when people come over, Hamilton says.

"Finding creative ways to store things in baskets on shelves or closed cupboards or maybe a platform bed with storage underneath are great options for storage," she says. THE CANADIAN PRESS

Set boundaries

"Screens are an easy way to create privacy."

Designer Amanda Hamilton

Roll out the carpet

Rug the right way to define areas

Creating cosy gathering places within the larger open area is important in effectively decorating and laying out a space.

"A great way of delineating space without using partitions is with flooring," says Bidgood. "Using area rugs or maybe an inlay of a different flooring helps divide a space."

Bidgood also suggests using lighting to create mood in certain areas, which can define a space without dividing it up. THE CANADIAN PRESS

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Cocktail hour comes home

Raising the bar.
Recreate Mad Men's decadent aura at home with cocktail carts that echo the era

As cocktail culture becomes trendy in lounges and bars across Canada, there's increasing interest in bringing a piece of it home.

The desire to shake, muddle and stir vintage cocktails has been fuelled by cooking shows, along with programs including Boardwalk Empire and Mad Men (which has inspired much online chatter about how to mimic the drinks imbibed by Don Draper et al).

"With the Internet (and) Food Network ... everyone wants to be Jamie Oliver and be bartenders at home now," says Shawn Soole, bartender, general manager and proprietor of Little Jumbo Restaurant and Bar in Victoria, B.C., and author of Cocktail Culture.

As cocktail making becomes a popular hobby, Soole warns it can be an expensive one and says many of his customers at Little Jumbo, and Clive's Classic Lounge in Victoria (where he used to work), buy equipment that is more expensive than what he uses at the restaurant.

"Once you start entertaining and that sort of thing it goes from being what you do at house party to something more serious," he says. "Our customers will buy the top of the line mixing glasses from Japan and gold-plated spoons. They start travelling and buying products in the U.S. and bringing them back, so it can get out of hand as an expensive little hobby."

Even though there a lot of high-end cocktail tools on the market, Soole says there are only four essential pieces needed to make great drinks.

"I always say you need a two-piece Boston shaker, and the reason why is, they are a bit more finicky and hard to get used to as an amateur cocktail maker but they can be used in a lot more ways," he says.

Soole says a Boston shaker can be used to stir, shake and muddle (mash up spices and herbs) for a wide range of cocktails.

He says a bartender also needs an ergonomically designed bar spoon, a Hawthorne strainer and a jigger.

While the tools and ingredients are important for making great drinks, homeowners are also trying to enhance the overall home cocktail bar experience.

"The trend is definitely there," says Tamara Bowman, owner and lead designer at Metric Design Centre in Saskatoon. "It is all a part of entertaining and it is such a big part of people's lifestyles now. We have very few hours at home, we want to enjoy them with friends or family, and entertaining is a big part of that."

Unlike the dated bars of the past, Bowman says homeowners are including feature lighting to highlight wine displays, wine coolers and also backsplashes with stone.

"Feature things are important in creating a wow factor," she says. "It is about bringing in different materials that don't necessarily match what is going on in the rest of the home, instead they are creating this feature area that is more interesting."

THE CANADIAN PRESS

Making cocktails has become a popular hobby. COURTESY RON GREEN/ THE CANADIAN PRESS

Small profile: Bix Bar Cart, $500. CRATEANDBARREL.COM

Cocktail cart revival

Bar carts like the ones that appeared in the offices of Mad Men are a popular choice for those looking to bring a bit of the cocktail culture into their home.

A cocktail cart on oversized spoked wheels cast in brushed aluminum holds two sustainable mango wood trays designed to lift out for passing around drinks and appetizers. Porter Bar Cart, $399. CB2.COM

Mad Men's Roger Sterling and Don Draper at the office bar cart. AMC

The office bar cart on the set of Mad Men. AMC

For a clean-line aesthetic: Parker Mid-Century Bar Cart, $349. WESTELM.COM

Bring it with bar carts

"The bar cart is a really great way to bring that bar element into the space, and there are so many cool options for bar carts now. Including a few key pieces of glassware helps draw the focus to that space. Dressing it up with barware and maybe a flower to soften it and bring focus to it."

Tamara Bowman, owner and lead designer at Metric Design Centre in Saskatoon

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A draw is never an actual good ending

All unhappy. Disputed Defoe penalty shot saves Toronto FC from a loss at home to the Vancouver Whitecaps

Erik Hurtado of the Vancouver Whitecaps leaps for a touch on the ball against Toronto FC's Justin Morrow at BMO Field on Wednesday. The game ended in a 1-1 draw. For the story, go to metronews.ca. CARLOS OSORIO/TORSTAR NEWS SERVICE

Both teams thought they deserved more than a point. Neither went home happy.

A soft goal and a disputed penalty kick produced a 1-1 tie between Toronto FC and the Vancouver Whitecaps, with Jermain Defoe's 63rd-minute spot kick rescuing the home side before a sellout crowd of 22,591 at BMO Field on Wednesday night.

For Defoe, it was his third goal in two games and 11th in 13 MLS outings. Not enough to make the MLS Fan XI announced before the game, but worth a point on the night for Toronto.

The home side outshot the visitors 16-11 (6-2 in shots on target) and was pressing as the game ended.

"It says a lot about the group when you come in on a night like this and nobody's all that happy with a point," said TFC midfielder Michael Bradley, who was named an MLS all-star.

"I think it was important for us to try and get three points tonight," said Defoe. "It didn't happen. We managed to get a point. I suppose that's better than getting no points."

He didn't seem all that convinced.

Final score

Toronto	Vancouver
1	1

Vancouver manager Carl Robinson called it "a very professional away performance" for his side, saying there were times that Toronto "couldn't get near us in our possession."

"That's credit to the guys in there (the locker-room)," he said. "But I'm disappointed we haven't taken three points, I really am."

Defoe offered up his respect for the visitors.

"I thought they were really good," said the English star.

"They were really organized. Credit to them and their manager," he added.

Vancouver (6-4-8) went ahead on a Darren Mattocks goal in the 50th minute after former Toronto midfielder Matias Laba pounced on a loose touch by Toronto striker Luke Moore near the halfway line. Laba drove forward and two passes later, Canadian Russell Teibert raked a cross across the box that eluded three Toronto defenders before Mattocks tapped it in for his third goal of the season.

THE CANADIAN PRESS

CFL

Former B.C. Lion sues franchises over concussions

Former B.C. Lions receiver Arland Bruce has filed a lawsuit against member franchises of the Canadian Football League and commissioner Mark Cohon over concussions.

A notice of civil claim naming Bruce as the plaintiff was filed in B.C. Supreme Court on Wednesday. The claim, first reported by The Concussion Blog and obtained by Metro, does not list any specific monetary damages.

Cohon, CFL Alumni Association Executive Director Leo Ezerins, as well as eight member franchises — not including the Ottawa RedBlacks — are among those listed as defendants.

Bruce spent 12 seasons in the CFL.

The Lions acquired the import receiver in a trade with Hamilton the summer of 2011, before going on to win the Grey Cup.

The claim states that Bruce, a member of the Lions at the time, was knocked unconscious in a game against Saskatchewan on Sept. 29, 2012.

The injury was the result of a hit from Milt Collins.

"On November 18, 2012, the plaintiff was permitted to return to play in the CFL West Division Final against the Calgary Stampeders despite still suffering from the effects of concussion," stated the claim.

METRO

Is John Singleton golf's new Cinderella?

Fans take a selfie with England's John Singleton at the Royal Liverpool golf club in Hoylake, England, Wednesday. PAUL NEWBERRY/THE ASSOCIATED PRESS

John Singleton had just finished up a practice round along the Irish Sea when four young girls approached him from the other side of the fence.

"Are you famous?" one of them asked.

"I'm playing in the Open," Singleton replied, trying to keep a straight face. "That's pretty famous, isn't it?"

Actually, there's no more improbable player at Royal Liverpool than this 30-year-old factory worker, who lives 10 minutes down the road and qualified for the British Open on his very first try.

Singleton strolled around the course Wednesday with two-time major champion John Daly and PGA Tour regular Dustin Johnson, a pair of Americans who didn't know the stunning back-story of the real-life Rocky in their group.

Johnson introduced himself on the first tee but didn't inquire further until the third hole.

"Do you play on the European Tour?" Johnson finally asked.

"No," Singleton replied, "I work in a factory."

He is the epitome of why this tournament is called the "Open," a guy with no resume to speak of playing his way into golf's oldest championship. This is the sort of rags-to-riches stuff normally reserved for the movies, the nobody who becomes somebody against all odds.

THE ASSOCIATED PRESS

AUGMENTED REALITY

→ Scan the image with your Metro News app for more notes from the British Open.

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→ See the full instructions on Metro's Voices page.

AUGMENTED REALITY

Stuck on 12 Across? Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.

metro AR

→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

♈ Aries
March 21 - April 20
You may be tempted to be nice for what you can get out of someone but do you have to be so mercenary? Put others first and be genuinely interested in what they're doing.

♉ Taurus
April 21 - May 21
You are entitled to enjoy yourself and there is no reason why you should feel guilty just because some people have not been as lucky as you.

♊ Gemini
May 22 - June 21
You will get the chance to do things for loved ones today but make sure they don't take advantage of you. Also, being of service does not mean you can't have fun as well.

♋ Cancer
June 22 - July 23
You know you can get what you want but that does not give you the right to take as you please. If you go to extremes now, you will have to pay for it later.

♌ Leo
July 24 - Aug. 23
Someone has been taking liberties and you need to confront them about it. If you leave it longer they may get the impression that they can take from you as and when they please.

♍ Virgo
Aug. 24 - Sept. 23
You may have strong opinions but remember that not everyone sees things the same way. Make an effort to find out what other people think.

♎ Libra
Sept. 24 - Oct. 23
Treat what happens over the next few days as an opportunity for advancement. And treat people you meet as potential friends and allies.

♏ Scorpio
Oct. 24 - Nov. 22
This is the ideal time to let your mind wander because it will lead you in new directions. For inspiration, connect with those who make you feel good.

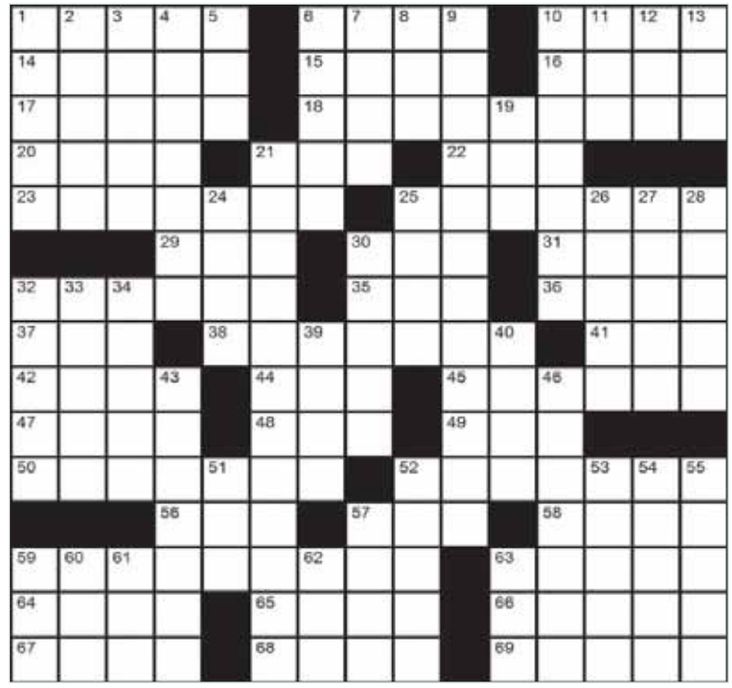
♐ Sagittarius
Nov. 23 - Dec. 21
The next few days will bring surprises. It's not often you are this lucky so make the most of it and don't think there is some kind of catch. There isn't.

♑ Capricorn
Dec. 22 - Jan. 20
The only way you are going to get what you desire is to communicate with those who can help. Co-operate with them fully and make sure their and your needs are catered to.

♒ Aquarius
Jan. 21 - Feb. 19
If you're motivated by greed, you are unlikely to get what you desire. If, however, you are driven by a genuine desire to help others you will succeed beyond your wildest dreams.

♓ Pisces
Feb. 20 - March 20
The cosmic omens are so good that you no doubt think you can do as you please. To a certain extent that is true but you should do things for other people as well.

Crossword: Canada Across and Down by Kelly Ann Buchanan



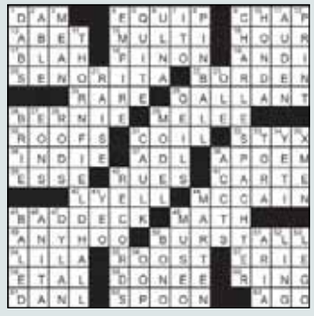
Across

1. Parks Canada mascot
6. Egg: French
10. Guzzle
14. Do well on the test: 2 wds.
15. ___ (Play's opening)
16. English river
17. Canadian series, "Due __"
18. Home reno show's ending: 2 wds.
20. Yes x 2: Spanish
21. My own: Latin
22. Hydrocarbon suffix
23. 'Them', to Us
25. Name and __
29. Botanist Mr. Gray
30. Uncooked
31. Dud
32. Tom Cruise vampire
35. Abu Dhabi is its cap.
36. Lucy Lawless role
37. Wrath
38. Northeast Saskatchewan town; or, actress Ashley
41. Ford fabrication
42. Alice's portrayer on "The Brady Bunch", __ _. Davis (b.1926 - d.2014)
44. Stitch
45. Brilliancy
47. After-Q queue
48. TV's "Mad __"
49. 'E' in BCE
50. Entrepreneur's new venture
52. Banned basement businesses, briefly
56. Long-snouted fish
57. Moscow's locale, briefly
58. Retro toy, __ Bat
59. Cereal brand
63. Bill __, "Saturday Night Live" alum
64. Klutz's shout!
65. Louisiana, par exemple
66. Plaudit
67. Nice names?
68. Count on
69. Slangly-spelled agendas

Down

1. Out, in fashion
2. Flip _ __
3. Reduce. __. Recycle.
4. British Columbia port city, 'A Marvel of Nature and Industry'
5. Football player, e.g.
6. Hall & __
7. Canyon feedback
8. Sport-__ (All-purpose vehicle)
9. The __-__ (1969 novel by Canadian author Margaret Laurence)
10. Canadian makeup company, ___ _
11. Shade
12. Can. neighbour
13. Collective Soul song
19. Finish
21. Song by British band The Smiths that goes: "And the flesh you so fancifully fry / Is not succulent, tasty or kind...": 3 wds.
24. Time __ __ a premium
25. Stuck keyboard letter
26. Put into office
27. Navigational aid-at-sea
28. Fifth wheel
30. Uniquely-spelled song by California band LIFE
32. "Pretty Little __"
33. Surrealist artist Max
34. Austrian actress Ms. Berger
39. Percolate
40. Continental currency
43. Michael __ (Regina-born actor/tenor)
46. Canadian Rockies range, __ Range
51. Smidgen
52. Like the wind sometimes
53. George Gershwin co-composed tune: "Tee-__-Un-Bum-Bo"
54. Really request
55. Classifies
57. Authentic
59 Michael, to Kirk
60. Boo-__(Sniff!)
61. Circling stat.
62. 'Favour' suffix
63. She's-not

Yesterday's Crossword



Online

See today's answers at metronews.ca/answers

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

		6		8			2	
	2	3		4				
8		4			7			
	4	9						5
	3		5		1		4	
7						8	3	
			4			9		7
				9		3	6	
	1			5		2		

Yesterday's Sudoku

4	2	9	5	6	8	3	7	1
5	8	7	3	9	1	4	2	6
1	3	6	7	2	4	8	9	5
3	6	1	8	7	5	9	4	2
7	4	2	6	3	9	1	5	8
9	5	8	4	1	2	7	6	3
6	9	3	2	8	7	5	1	4
8	1	4	9	5	6	2	3	7
2	7	5	1	4	3	6	8	9

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Port Coquitlam
2020 Oxford Connector

Richmond
Lansdowne Mall
Richmond Centre
11686 Steveston Hwy.

Surrey
Central City Mall
Cloverdale Crossing Shopping Centre
Grandview Corners
Guildford Town Centre
Semiahmoo Shopping Centre
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7380 King George Blvd.
13734 104th Ave.

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Pacific Centre
Terasen Centre
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808 Davie St.
991 Denman St.
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